

Employee Assistance Program

Available Services  
When You Need  
Help the Most

City of Everman



Life isn't always easy. Sometimes a personal or professional issue can affect your work, health and general well-being. During these tough times, it's important to have someone to talk with to let you know you're not alone.

With Mutual of Omaha's Employee Assistance Program, you can get the help you need so you spend less time worrying about the challenges in your life and can get back to being the productive worker your employer counts on to get the job done.

Learn more about the Employee Assistance Program services available to you.

We are here for you

Visit the Employee Assistance Program website to view timely articles and resources on a variety of financial, well-being, behavioral and mental health topics.

[mutualofomaha.com/eap](https://mutualofomaha.com/eap)

Basic EAP Services

Features	Value to Company and Employees
<b>Employee Family Clinical Services</b>	<ul style="list-style-type: none"> <li>An in-house team of Master's level EAP professionals who are available 24/7/365 to provide individual assessments</li> <li>Outstanding customer service from a team dedicated to ongoing training and education in employee assistance matters</li> <li>Access to subject matter experts in the field of EAP service delivery</li> </ul>
<b>Counseling Options</b>	<ul style="list-style-type: none"> <li>Three calls per year (per household) with our in-house Masters level EAP professionals, who will provide the caller with community resources                             <ul style="list-style-type: none"> <li>Additional community resources or possible counseling options come at the expense of the employee</li> </ul> </li> </ul>
<b>Access</b>	<ul style="list-style-type: none"> <li>1-800 hotline with direct access to a Master's level EAP professional</li> <li>24/7/365 services available</li> <li>Telephone support available in more than 120 languages</li> <li>Online submission form available for EAP service requests</li> </ul>

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Basic EAP Services (*continued*)

Features	Value to Company and Employees
<b>Online Services</b>	<ul style="list-style-type: none"> <li>▪ An inclusive website with resources and links for additional assistance, including:               <ul style="list-style-type: none"> <li>▪ Current events and resources</li> <li>▪ Family and relationships</li> <li>▪ Emotional well-being</li> <li>▪ Financial wellness</li> <li>▪ Substance abuse and addiction</li> <li>▪ Legal assistance</li> <li>▪ Physical well-being</li> <li>▪ Work and career</li> </ul> </li> <li>▪ Bilingual article library</li> </ul>
<b>Employee Family Legal Services</b>	<ul style="list-style-type: none"> <li>▪ Valuable resources available via website               <ul style="list-style-type: none"> <li>▪ Legal libraries &amp; tools</li> <li>▪ Legal forms</li> </ul> </li> <li>▪ 1 Legal consultation with an attorney per year (up to 30 minutes)               <ul style="list-style-type: none"> <li>▪ 25% discount for ongoing legal services for same issue</li> </ul> </li> </ul>
<b>Employee Family Work/Life Services</b>	<ul style="list-style-type: none"> <li>▪ Child care resources and referrals</li> <li>▪ Elder care resources and referrals</li> </ul>
<b>Employee Family Financial Services</b>	<ul style="list-style-type: none"> <li>▪ Inclusive financial platform powered by Enrich</li> <li>▪ Personal financial assessment tool</li> <li>▪ Personalized courses, articles &amp; resource to meet financial needs</li> <li>▪ Ongoing progress reports on financial health</li> </ul>
<b>Employee Communication</b>	<ul style="list-style-type: none"> <li>▪ All materials available in English and Spanish</li> </ul>
<b>Eligibility</b>	<ul style="list-style-type: none"> <li>▪ Full-time employees and their immediate family members; including the employee, spouse and dependent children (unmarried and under 26) who reside with the employee</li> </ul>
<b>Coordination with Health Plan(s)</b>	<ul style="list-style-type: none"> <li>▪ EAP professionals will coordinate services with treatment resources/providers within the employee's health insurance network to provide counseling services covered by health insurance benefits, whenever possible</li> </ul>



# LIFEWORKS

## Employee Assistance Program

### LifeWorks

#### Employee Assistance Program

Core Well-Being Solution

Deliver a total well-being experience that assists employees with best-in-class counselling, content and Work-Life services.

- Emergency Triage
- 24-Hour Crisis Counseling
- Grief Counseling
- Work-Life Services
- Career Counseling
- Family Services
- Emotional Well-being Services
- Work/Professional Services
- Financial Services
- Legal Services
- Education Services
- Management Services
- Critical Incident Stress Management
- On-site Assistance



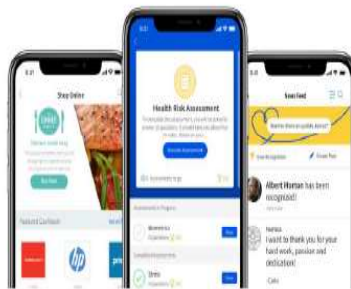
### LifeWorks

#### Mobile Corporate Newsfeed

Technology Platform

Create a social platform in which all participants can interact with personalized well-being content and engage with their company culture.

- Personalized Accounts
- Snackable Well-being Content
- Benefits Updates and News
- Important Corporate Announcements
- Automated Reminders
- Wellness Promotions
- Emergency Communication Channel
- Push Notifications
- Mobile Colleague Directory
- Peer-to-Peer Recognition\*



### LifeWorks

#### Perks and Savings Platform

Technology Platform

Improve employees' financial well-being by allowing them not only to save on everyday purchases, but also important life events.

- Employee Benefits Center
- Popular Gift Card Discounts
- Online Cash Back
- In-Store & Online Coupons
- Lifestyle Offers
- Fitness Devices
- Retail & Restaurants Discounts
- Travel & Destination Discounts
- Auto & Home Loans
- Identity Theft Protection
- Exclusive Employer Perks\*
- Boosted Cash Back Opportunities\*
- Peer-to-Peer Gifting\*



**Toll Free: 888-456-1324**